

VIP focuses on primary and secondary victims affected by domestic violence and sexual assault. VIP serves women, men and children of all ages in the counties of: Kittson, Marshall, Pennington, Red Lake and Roseau.

24-Hour Crisis Line/TTY
(800) 660-6667

Office/TTY
(218) 681-5557

Write to us at:
PO BOX 96

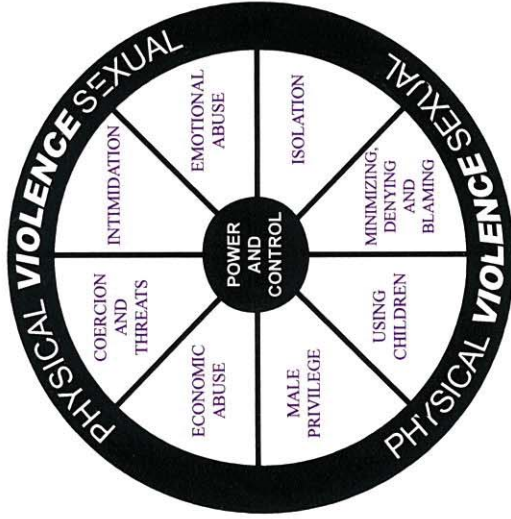
Thief River Falls, MN 56701

Visit our website at:
www.violenceintervention.org

(Please use a computer not accessible to your abuser.)



VIP is funded in part by the
Thief River Falls United Way



Coercion and Threats

- threatening to hurt her
- threatening to leave her
- threatening to commit suicide
- threatening to kill her
- threatening to report her for a crime
- threatening to take children away
- threatening to report her to welfare
- making her drop charges
- making her do illegal things

Economic Abuse

- preventing her from working
- making her ask for money
- giving her an allowance
- taking her money
- keeping money matters secret

Male Privilege

- acting superior because of gender

Using Children

- threatening to take children away
- reporting her for child abuse or neglect
- making her feel guilty about the children
- using children to relay messages
- using visitation to harass her
- blaming child(ren) for abuse

Minimizing, Denying and Blaming

- saying abuse didn't happen
- blaming her for abuse
- telling her she caused the abuse
- telling her she is exaggerating
- it didn't hurt
- not listening to her concerns about abuse

Isolation

- controlling what she does, where she sees and talks to, where she goes, what she reads
- limiting her outside activities
- making her account for time she is away from him
- using jealousy to justify actions
- making her afraid to have friends or family to her home
- threatening her friends or family

Emotional Abuse

- putting her down
- making her feel bad about herself
- calling her names
- making her think she's crazy
- playing mind games
- being manipulative
- humiliating her in front of people
- making her feel guilty

Intimidation

- making her afraid
- controlling her by using looks, actions and gestures
- smashing things
- destroying property
- abusing pets
- displaying weapons

THESE BEHAVIORS ARE MORE POWERFUL BECAUSE THEY ARE REINFORCED BY THE THREAT OR USE OF PHYSICAL ABUSE

* Credited in part to DAIP



Violence Intervention Project

Serving NW Minnesota



A safe place for victims of domestic violence and sexual assault.

Domestic Violence Services

Domestic violence can be a hidden secret in many households across the United States. VIP can assist you in many ways. If you find that you or someone you know is a victim of domestic violence, please contact VIP to see how we can assist you. Domestic violence can happen in many forms. Most commonly we see abuse happening in 5 areas: physical, sexual, mental, emotional and economic abuse. It's important to remember that abuse doesn't just happen to females.

- All domestic violence services are free of charge.
- VIP may be able to provide you with safe housing, transitional housing or assistance with permanent housing
- 24- Hour Toll-free crisis line - Anonymous calls accepted
- Safe Hotel for those who are unable to utilize VIP's shelter.
- Safety Planning
- Support Groups – Call for further information. Groups are available in various locations and times.
- Assistance with protection orders and accompaniment to court proceedings. Advocates can even attend court on the victims behalf.
- A safe and confidential place for victim's to share their story in a private and non-judgemental environment.

Sexual Assault Services

Sexual assault is defined as any unwanted act of a sexual nature that is imposed on another person.

It is estimated that 1 in 4 women and 1 in 6 men will be sexually assaulted by the time they're 18. VIP understands how difficult it can be to talk about this topic. Our advocates would like to help you through this difficult time to get you on a healing path.

- All sexual assault services are free.
- 24-Hour toll-free crisis and support line
- Anonymous calls are accepted
- An advocate can be present at a victim's evidentiary examination in the emergency room if desired.
- Provides support during legal proceedings
- Accompaniment to court hearings
- Shelter can be made available
- Safety planning for the future
- Support Groups – Call for further information. Groups are available in various locations and times.

If you have been sexually assaulted it is important to have an evidentiary examination done. A physical evidentiary exam is where a doctor can assess any physical injuries, go over STD prevention, discuss pregnancy options, and collect DNA for evidence. Always remember it is the victim's choice to pursue legal action. Violence Intervention Project will be there for you which ever direction you decide to go. The victim has a right to an exam without reporting to law enforcement. If a victim would like, a VIP advocate can be there through the examination either as emotional support to a primary victim or for support to a secondary victim. VIP is here to support Victim Rights.

Umbrella Tree Children's Safety Center

- Provides supervised visitation, exchanges of children, and referrals.
- Located on-site at VIP
- Offers a safe, neutral, and child friendly environment.

Privileged Information

All VIP advocates have been trained in the State Mandated Sexual Assault training. A victim's one-on-one communication will remain confidential and cannot be subpoenaed by the court.

Violence Intervention Project does not discriminate who they serve based on race, ethnicity, gender, sexual orientation, religion, age, disability, or medical condition.

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or

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Anonymous calls accepted